
POST EXPOSURE PROTOCOL

Source Patient Testing and Counseling:

The source patient will be immediately sent for blood tests to ED @ Hospital if occurs.

The following tests will be ordered for the source patient unless they are already know to be positive for infection:

1. Obtain patient consent based on state law utilizing form **ECP 107** Source Patient Consent for Blood Test.
2. HIV Antibody. Rapid HIV test will be used if available. If rapid HIV is not available, expedite the HIV test.
3. Hepatitis B Surface Antigen (HBsAG).
4. Anti-Hepatitis C virus (Anti-HCV)

The results of the source patient tests will be forwarded to Personal Physician, the physician providing treatment to the exposed employee. Additionally, forward the results to any physician as requested by the source patient.

Send the bill for source patient testing to:

Commonwealth Anesthesia Associates
10800 Midlothian Turnpike, Suite 265
Richmond, VA 23235-4700

Exposed Employee Treatment and Counseling:

The exposed employee will be offered immediately a confidential medical evaluation by:

Personal Physician (Physician/Practice providing care)

The following information will be forwarded to the treating provider:

- The name of the healthcare professional treating the source patient so that if test results from the source patient are not forwarded the HCP can obtain them.
- Medical records relevant to the appropriate treatment of the employee. Be sure to include the information on Hepatitis B vaccinations and titers.
- A description of the employee's duties as they relate to the exposure incident.
- Documentation of the exposure incident. May use form **ECP105** or **OSHA 301**.
- A copy of the OSHA 1910.1030- Bloodborne Pathogen Standard – page 12-19 in the Legislation section of the TMC OSHA Compliance manual.
- A copy of pages 15-30 of the CDC article – *Public Health Service Guidelines: HBV, HCV & HIV Exposure* - found in the Exposure Control section of your TMC OSHA Compliance Manual can be sent as information.
- A copy of form **ECP 108** Physician Written Opinion. This form is to be completed by the treating physician and a copy must be provided to the employer/employee within 15 days of examination.

Baseline bloodwork:

- Obtain consent or declination from the exposed employee for treatment and blood tests using form **ECP 108** Post Exposure Medical Evaluation. If exposed employee declines HIV testing, offer the option to draw and hold blood for 90 days.
- Conduct baseline testing of employee for HBV, HCV and HIV.
 - HIV Antibody
 - Hepatitis B Surface Antigen (HBsAG)
 - Anti-Hepatitis C Virus (Anti-HCV).
- If source patient test results are negative for infection, no further testing of employee will be indicated.

Provide counseling to employee

On counseling for HBV and HCV the CDC guidelines say; “HCP exposed to HBV or HCV infected blood do not need to take any special precautions to prevent secondary transmission during the follow up period.”

On counseling for HIV the guidelines say; “Exposed HCP should be advised to use precautions to prevent secondary transmission during the follow up period. For exposure for which PEP is prescribed, the HCP should be informed about possible drug toxicities and the need for monitoring and possible drug interactions.”

Forward the bill for treatment and counseling of the exposed employee to:

Commonwealth Anesthesia Associates
10800 Midlothian Turnpike, Suite 265
Richmond, VA 23235-4700

Treating Physician Written Opinion to Employer

As required by OSHA 1910.1030(f)(5), a letter must be sent to the employer of the exposed employee within 15 days of the initial treatment.

All other findings or diagnoses shall remain confidential and shall not be included in the written report to the employer.

Additional Resources for Post Exposure Management

PEP Hotline – National Clinicians Postexposure Prophylaxis Hotline
888-448-4911